

Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

Meet Program - Session 12 (Warmup 2.50 - 3.50)

Event 421 Girls 12-15 50 LC Meter Backstroke

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 04:00 PM

1	Morris, Besi	13	Nofio S Gar	35.70	___
2	Morris, Blair	13	Neath	35.56	___
3	Beasley, Evaleigh	13	Swansea Aq	35.26	___
4	Davies, Isla	13	Nofio S Gar	31.25	___
5	Davies, Elizabeth	13	Pembs Cty	34.74	___
6	Mustey, Caroline	12	Monnow	35.36	___
7	Owen, Nel	13	Nofio Gwynedd	35.58	___
8	Hawkins, Lottie	13	Pembs Cty	36.18	___

Alternates 12-13

1	Foxwell, Emilia	12	Co Cardiff	36.21	___
2	M'Keown, Emily	12	Holywell	36.56	___

Heat 2 14-15 Finals Starts at 04:03 PM

1	Bissicks, Cari	15	Neath	33.39	___
2	Fowler, Maisie	15	Rct Squad	33.07	___
3	Spence, Emilia	15	Co Birm'ham	32.23	___
4	Roberts, Rosie	14	Torfaen D	31.96	___
5	Sweet-Roberts, Pip	14	Torfaen D	32.20	___
6	Reasons, Darcy	14	Torfaen D	32.30	___
7	Layland, Seren	15	Penyrheol	33.22	___
8	Thurston, Rene	15	Newtown	33.40	___

Alternates 14-15

1	Van Zyl, Kiara	14	Co Cardiff	33.79	___
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Event 401 Women 16 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Prelims
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Heat 1 16-17 Finals Starts at 04:06 PM

1	Hall, Emily	16	Warrington W	31.90	___
2	Daniel, Megan	16	Caradon	31.62	___
3	Winstanley, Elin	17	Co Hereford	30.91	___
4	Dwyfor-Clark, Efa	17	Nofio Gwynedd	30.38	___
5	Anderson, Rosalie	16	Co Cardiff	30.65	___
6	Nichols, Grace	16	Pembs Cty	30.98	___
7	Schumm, Libby	17	Torfaen D	31.71	___
8	Edwards, Alaw	16	Nofio Gwynedd	32.42	___

Alternates 16-17

1	Hughes-Rolls, Ava	17	Torfaen D	32.71	___
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Heat 2 18 & Over Finals Starts at 04:09 PM

1	Lush, Emily	24	Swansea Uni	31.71	___
2	Howells-Davies, Lana	18	Swansea Aq	31.58	___
3	Collyer, Mabli	18	Nofio S Gar	30.99	___
4	Humphreys, Ffion	18	Nofio Gwynedd	29.46	___
5	Stead, Martha	21	Swansea Uni	30.71	___
6	Hempenstall, Amy	18	Guildford Ct	31.16	___
7	Salmon, Gwen	19	Rct Squad	31.65	___
8	Willis, Hannah	21	Swansea Uni	31.72	___

Alternates 18 & Over

1	Williams, Rose A	18	Co Cardiff	32.09	___
2	Bamborough, Katie	22	Swansea Uni	32.16	___

Event 422 Boys 12-15 50 LC Meter Backstroke

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 04:11 PM

1	Monan, Euan	13	Pembs Cty	34.71	___
2	Pugh, Bryn	13	Torfaen D	34.30	___
3	Staples, Max	13	Rhondda	33.20	___
4	Jenkins, Rhys	13	Co Cardiff	30.67	___
5	De Haan, Charlie	13	Holywell	32.87	___
6	Garrett, Ben	13	Merthyr Tydf	34.25	___
7	Martenko, Fletcher	13	Rct Squad	34.35	___
8	Hewitt, Oscar	13	Monnow	34.71	___

Alternates 12-13

1	Hughes, Elis	13	Southwold	34.87	___
2	Miller, Ethan	13	Ruthin	35.28	___

Heat 2 14-15 Finals Starts at 04:14 PM

1	Williams, Zach	15	Torfaen D	32.04	___
2	Samuel, Jake	15	Merthyr Tydf	31.10	___
3	Linge, Reece	15	EllesmereCSA	30.14	___
4	Elmes, Max	15	Nofio S Gar	29.63	___
5	King, Ethan	14	Penyrheol	30.06	___
6	Hamer, Joe	15	Co Hereford	30.80	___
7	Harwood, Jack	15	Pembs Cty	31.75	___
8	Rees, Gwyn	15	Wantage	32.08	___

Alternates 14-15

1	Morgan, Cole	15	C Dolphins	32.17	___
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Event 402 Men 16 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Prelims
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Heat 1 16-17 Finals Starts at 04:17 PM

1	Meilleur, Elliot	16	Nofio Gwynedd	29.86	___
2	Major, Maximus	16	Torfaen D	28.87	___
3	Mills, Ioan	17	Torfaen D	28.66	___
4	McCarthy, Benedict	17	Co Cardiff	27.35	___
5	Foster, Henry	17	Redditch	28.64	___
6	Dowty, Oliver	17	Mt Kelly	28.86	___
7	Thomas, Iolo	16	Neath	29.14	___
8	Davies, Brynley	16	Co Newport	29.91	___

Heat 2 18 & Over Finals Starts at 04:20 PM

1	Lennon, Danny	18	Wrexham	29.32	___
2	Jasinski, Hubert	19	Swansea Uni	28.78	___
3	Morgan, Dominic	21	Swansea Uni	27.61	___
4	Turner, Harry	27	Swansea Uni	26.30	___
5	Knight, Jack	23	Co Cardiff	26.88	___
6	Hawkins, Alfie	19	Swansea Uni	28.39	___
7	Johnstone, Daniel	19	Swansea Uni	28.99	___
8	Upton-Boorman, Liam	19	Nofio S Gar	30.08	___

Alternates 18 & Over

1	Payne, Alexander	18	Droitwich	30.22	___
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Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

Meet Program - Session 12 (Warmup 2.50 - 3.50)

Event 423P Women 100 LC Meter Butterfly (Para Final)

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 04:22 PM				
1				—
2				—
3	%Lawn, Pippa S14	16	Torfaen D	1:30.11
4	%Webb, Saskia S14	19	Pembs Cty	1:15.86
5	%Rogerson, Heidi S10	19	Cambrian AA/A,12,+	1:22.57
6				—
7				—
8				—

Event 423 Girls 12-15 100 LC Meter Butterfly

Lane	Name	Age	Team	Prelims
Heat 1 12-13 Finals Starts at 04:25 PM				
1	Kendall, Ella	12	Conwy	1:18.08
2	Cooksey-Owen, Mollie	13	Co Cardiff	1:16.58
3	O'Hara, Noelle	13	Wrexham	1:10.83
4	Berner, Iyla	13	Nofio S Gar	1:08.13
5	Matthews, Catrin	13	Co Cardiff	1:09.51
6	Pryce, Isobel	12	Torfaen D	1:12.69
7	Cartwright, Thea	13	N Cornwall	1:17.00
8	Lewis, Evie	13	Pembs Cty	1:21.38

Alternates 12-13

1	Mustey, Caroline	12	Monnow	1:24.55
2	Morgado, Carolina	12	Wrexham	1:24.84

Heat 2 14-15 Finals Starts at 04:28 PM

1	Kazmiruk, Anastasiia	15	Nofio S Gar	1:10.38
2	Klak, Nina	14	Co Newport	1:10.28
3	Meenagh, Mai Van	14	Co Cardiff	1:09.57
4	Bennett, Isla	15	Co Cardiff	1:06.10
5	Sweet-Roberts, Pip	14	Torfaen D	1:06.22
6	Tejedo, Lola	15	Co Cardiff	1:09.88
7	Bates, Molly	15	EllesmereCSA	1:10.35
8	Emms, Ela	14	Co Cardiff	1:11.71

Alternates 14-15

1	Dash, Amelie	15	Pembs Cty	1:12.15
2	Williams, Lili	15	Rct Squad	1:12.26

Event 403 Women 16 & Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Prelims
Heat 1 16-17 Finals Starts at 04:31 PM				
1	Iles, Jessica	16	Co Cardiff	1:08.21
2	Daniel, Megan	16	Caradon	1:07.81
3	Synowiec, Amelia	16	Conwy	1:07.64
4	Jones, Maisie	16	Co Cardiff	1:06.18
5	Schumm, Libby	17	Torfaen D	1:07.56
6	Lee, Edith	16	Co Cardiff	1:07.72
7	Dwyfor-Clark, Efa	17	Nofio Gwynedd	1:07.91
8	Geach, Libbie	17	Nofio S Gar	1:08.49

Alternates 16-17

1	Roberts, Mali	16	Nofio Gwynedd	1:08.62
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Heat 2 18 & Over Finals Starts at 04:33 PM

1	Willis, Hannah	21	Swansea Uni	1:05.58
2	Grant, Lucy	19	Swansea Uni	1:04.34
3	Dickinson, Jessica	21	Swansea Uni	1:03.63
4	Roberts, Catherine Elin	23	Swansea Uni	1:02.41
5	Owen, Gracie	18	Torfaen D	1:03.26
6	Morgan, Isabel	22	Co Cardiff	1:04.28
7	De Torres, Rebecca	22	Co Cardiff	1:04.74
8	Dewsbury, Daisy	21	Swansea Uni	1:05.73

Alternates 18 & Over

1	Hunter, Olivia	22	Swansea Uni	1:06.29
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Event 424 Boys 12-15 200 LC Meter Butterfly

Lane	Name	Age	Team	Prelims
Heat 1 12-13 Finals Starts at 04:36 PM				
1				—
2				—
3				—
4	Nuttall, Harri	13	Rhyl Dolphin	2:45.65
5				—
6				—
7				—
8				—

Heat 2 14-15 Finals Starts at 04:40 PM

1	Evans, Jake	14	Wrexham	2:34.75
2	Harwood, Jack	15	Pembs Cty	2:32.09
3	Payne, Sebastian	15	Droitwich	2:30.10
4	Goodey De Diego, Lucas	15	Guildford Ct	2:19.65
5	Williams, Dylan	15	Wrexham	2:23.67
6	Ban Jona, Krisztian	15	Co Newport	2:31.49
7	Hughes, Freddy	14	Rct Squad	2:32.53
8	Zhen, Bosco	14	Co Newport	2:35.38

Alternates 14-15

1	Sekula, Mateusz	15	Rhondda	2:43.58
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Event 404 Men 16 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Prelims
Heat 1 16-17 Finals Starts at 04:44 PM				
1				—
2	Reece, Liam	16	Co Newport	2:29.68
3	Cavill, Jack	16	Co Cardiff	2:24.12
4	West, Dexter	17	Pembs Cty	2:18.15
5	Gruffydd, Ned	16	Co Cardiff	2:20.20
6	Parfitt, Sebastian	16	Co Cardiff	2:24.50
7	Gwynfil, Solomon	16	Co Cardiff	2:33.40
8				—

Heat 2 18 & Over Finals Starts at 04:49 PM

1				—
2	Taylor, Harry	19	Swansea Uni	2:18.88
3	Bradley, Mathew	20	Swansea Uni	2:09.81
4	Rodriguez, Antonio	22	Swansea Uni	2:03.39
5	Arch, Rhydian	21	Co Cardiff	2:09.07
6	Prysor, Sami	19	EllesmereCSA	2:14.42
7				—
8				—

Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

Meet Program - Session 12 (Warmup 2.50 - 3.50)

Event 425 Girls 12-15 400 LC Meter IM

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 04:52 PM

1				___
2	M'Keown, Emily	12	Holywell	6:21.76 ___
3	Beasley, Evaleigh	13	Swansea Aq	6:00.04 ___
4	Gray-Thomas, Jessica	13	Conwy	5:35.42 ___
5	Davies, Elizabeth	13	Pembs Cty	5:59.26 ___
6	Roberts, Connie-Rae	13	Co Newport	6:12.16 ___
7				___
8				___

Heat 2 14-15 Finals Starts at 05:00 PM

1	Williams, Lili	15	Rct Squad	5:48.70 ___
2	Chauhan, Amber	14	Nofio Bangor	5:41.65 ___
3	Dowling, Abigail	15	Co Cardiff	5:35.99 ___
4	Bates, Molly	15	EllesmereCSA	5:27.36 ___
5	Lewis-Jones, Idele	15	Wrexham	5:33.87 ___
6	Davies, Macy	14	Torfaen D	5:36.30 ___
7	Mellor, Medi	14	Nofio Bangor	5:42.77 ___
8	Pawlowski, Isabelle	14	Corby	6:03.16 ___

Event 405 Women 16 & Over 400 LC Meter IM

Lane	Name	Age	Team	Prelims
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Heat 1 16-17 Finals Starts at 05:08 PM

1				___
2	Matthews, Elin	16	Co Cardiff	5:37.71 ___
3	Williams, Lowri	16	Swansea Aq	5:27.46 ___
4	Thomas, Serenity	16	Nofio Gwynedd	5:23.13 ___
5	Lythgoe, Manon	17	Swansea Aq	5:27.12 ___
6	Ling, Olivia	16	Co Cardiff	5:29.35 ___
7				___
8				___

Heat 2 18 & Over Finals Starts at 05:15 PM

1				___
2	Williams, Jody	20	Swansea Uni	5:28.56 ___
3	Marshall, Holly	20	Co Cardiff	5:12.53 ___
4	Stephenson, Ruby	19	Swansea Uni	5:09.72 ___
5	Gibson, Mari	18	Co Cardiff	5:11.13 ___
6	Rees, Katie	28	Swansea Uni	5:24.19 ___
7				___
8				___

Event 426P Men 100 LC Meter Freestyle (Para Final)

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 05:22 PM

1				___
2				___
3	%O'Reilly, McKenzie S8	17	Torfaen D/A,12,+	1:19.78 ___
4	%Broom, Dylan S14	24	Swansea Uni	54.67 ___
5	%Read, William S14	18	Swansea Aq	1:00.62 ___
6				___
7				___
8				___

Event 426 Boys 12-15 100 LC Meter Freestyle

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 05:25 PM

1	Hewitt, Oscar	13	Monnow	1:04.90 ___
2	Jenkins, Rhys	13	Co Cardiff	1:04.40 ___
3	De Haan, Charlie	13	Holywell	1:03.60 ___
4	Jones, Sam	13	Co Cardiff	58.57 ___
5	Cook, Noah	13	Torfaen D	1:03.03 ___
6	Miller, Ethan	13	Ruthin	1:04.32 ___
7	Pugh, Bryn	13	Torfaen D	1:04.41 ___
8	Garrett, Ben	13	Merthyr Tydf	1:05.84 ___

Alternates 12-13

1	Martenko, Fletcher	13	Rct Squad	1:07.53 ___
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Heat 2 14-15 Finals Starts at 05:27 PM

1	Evans, Sam	14	Pembs Cty	59.23 ___
2	King, Ethan	14	Penyrheol	58.21 ___
3	Woodrow, Leo	15	TauntonDeane	57.38 ___
4	Castillo, Airam	15	Co Cardiff	54.92 ___
5	Douglas, Lucas	15	Neath	55.67 ___
6	Linge, Reece	15	EllesmereCSA	57.60 ___
7	Duggan, Elliot	15	Bridgend Cty	58.24 ___
8	Williams, Zach	15	Torfaen D	59.55 ___

Alternates 14-15

1	Bastyan, Tobias-Luke	15	Torfaen D	59.93 ___
2	Elmes, Max	15	Nofio S Gar	1:00.00 ___

Event 406 Men 16 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Prelims
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Heat 1 16-17 Finals Starts at 05:30 PM

1	Foster, Henry	17	Redditch	56.07 ___
2	Meilleur, Elliot	16	Nofio Gwynedd	56.00 ___
3	Major, Maximus	16	Torfaen D	54.65 ___
4	McCarthy, Benedict	17	Co Cardiff	52.20 ___
5	Silverstone, Solomon	17	Pembs Cty	52.78 ___
6	Dowty, Oliver	17	Mt Kelly	54.91 ___
7	Ma, Ko Kwan	17	Co Cardiff	56.01 ___
8	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	56.16 ___

Alternates 16-17

1	Park, Reggie Samuel	16	Conwy	56.96 ___
2	Davies, Tom	16	Co Newport	57.58 ___

Heat 2 18 & Over Finals Starts at 05:32 PM

1	Staines, Luca	22	Swansea Uni	52.72 ___
2	Knight, Jack	23	Co Cardiff	51.77 ___
3	Gillett, Oliver	19	Swansea Uni	51.27 ___
4	Jones, Dan	30	Swansea Uni	50.47 ___
5	Davies, Evan	20	Co Cardiff	51.23 ___
6	Docking-Smith, Frankie	22	Swansea Uni	51.28 ___
7	James, Harley	21	Co Cardiff	51.89 ___
8	Mruk, Lucas	18	Torfaen D	53.10 ___

Alternates 18 & Over

1	Geysen-Holley, Max	21	Co Cardiff	53.16 ___
2	Edwards, Dion	19	Swansea Uni	53.19 ___

Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

Meet Program - Session 12 (Warmup 2.50 - 3.50)

Event 427 Girls 12-15 200 LC Meter Freestyle

Lane	Name	Age	Team	Prelims
Heat 1 12-13 Finals Starts at 05:35 PM				
1	Thomas, Eleanor	13	Co Newport	2:26.79
2	Lawn, Gayle	13	Torfaen D	2:25.64
3	O'Hara, Noelle	13	Wrexham	2:17.42
4	Davies, Isla	13	Nofio S Gar	2:13.44
5	Berner, Iyla	13	Nofio S Gar	2:15.27
6	Ryan, Ellie	13	Co Cardiff	2:23.50
7	Pryce, Isobel	12	Torfaen D	2:25.82
8	Lawn, Lexi	13	Torfaen D	2:27.38

Alternates 12-13

1	Owen, Nel	13	Nofio Gwynedd	2:28.60
2	Davies, Ava-Rose	13	Nofio S Gar	2:28.66

Heat 2 14-15 Finals Starts at 05:39 PM

1	Innocent, Aurelia	15	Co Cardiff	2:18.62
2	Ribeiro, Ariana	15	Co Cardiff	2:18.24
3	Allen, Isabel	15	Co Cardiff	2:15.34
4	Reasons, Darcy	14	Torfaen D	2:13.25
5	Spence, Emilia	15	Co Birm'ham	2:15.18
6	Sherrard, Alex	14	Torfaen D	2:17.88
7	Roberts, Rosie	14	Torfaen D	2:18.34
8	Burns, Freya	15	Nofio S Gar	2:19.41

Alternates 14-15

1	Reed, Isabella	15	Co Cardiff	2:19.95
2	Elson, Caitlin	14	Wrexham	2:20.93

Event 407 Women 16 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Prelims
Heat 1 16-17 Finals Starts at 05:42 PM				
1	Geach, Libbie	17	Nofio S Gar	2:14.97
2	Jones, Maisie	16	Co Cardiff	2:13.63
3	Winstanley, Elin	17	Co Hereford	2:11.31
4	Taylor, Theodora	17	Torfaen D	2:00.64
5	Sherrard, Emme	17	Torfaen D	2:08.68
6	Nichols, Grace	16	Pembs Cty	2:13.02
7	Iles, Jessica	16	Co Cardiff	2:14.68
8	Fuller, Efa	17	Colchester	2:16.09

Alternates 16-17

1	Ach Rhys, Etyllt	16	Nofio Gwynedd	2:16.28
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Heat 2 18 & Over Finals Starts at 05:46 PM

1	Croke, Carys	19	Torfaen D	2:11.39
2	Fox, Honor	19	Co Cardiff	2:09.34
3	Hempenstall, Amy	18	Guildford Ct	2:07.10
4	Davies, Sophie	19	Millfield	2:04.75
5	Dickinson, Jessica	21	Swansea Uni	2:05.75
6	Patterson, Millie	20	Swansea Uni	2:07.40
7	Titchener, Megan	18	Torfaen D	2:09.58
8	Hunter, Olivia	22	Swansea Uni	2:12.70

Alternates 18 & Over

1	Crawley, Abigail	21	Swansea Uni	2:13.62
2	Roberts, Megan	19	Swansea Uni	2:14.31

Event 430 Men 12-13 4x100 LC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals Starts at 05:50 PM			
1			
2			
3	Co Newport	A	NT
	1) Millman, Edward 13		2) Bunn, Cameron 13
	3) Hale, William 13		4) Griffiths, Dylan 12
4	Torfaen D	A	NT
	1) Cook, Noah 13		2) Jones, Owain 13
	3) Pugh, Bryn 13		4) Bellew, Sebastian 13
5	Co Cardiff	A	NT
	1) Jenkins, Rhys 13		2) Jones, Zac 12
	3) Leigh, Jacob 13		4) Jones, Sam 13
6	Co Cardiff	B	NT
	1) McLaren, Lucas 13		2) Owens, Steffan 13
	3) Davies-Green, Tom 13		4) Berry-Martin, Finnlay 12
7			
8			

Event 431 Men 14-16 4x100 LC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals Starts at 05:59 PM			
1			
2			
3	Co Cardiff	B	NT
	1) Gwynfil, Solomon 16		2) Miles, Harry 16
	3) Parfitt, Sebastian 16		4) Davies, Blake 16
4	Co Newport	A	NT
	1) Davies, Brynley 16		2) Csohan, Benjamin 15
	3) Reece, Liam 16		4) Davies, Tom 16
5	Torfaen D	B	NT
	1) Palmer, Evan 14		2) Jones, Noah 15
	3) Bastyan, Tobias-Luke 15		4) Vong, Joshua 16
6			
7			
8			
Heat 2 of 2 Finals Starts at 06:07 PM			
1			
2	Co Cardiff	A	NT
	1) Deacon, Cameron 16		2) Thomas, Archie 16
	3) Cavill, Jack 16		4) Castillo, Airam 15
3	Nofio S Gar	A	NT
	1) Elmes, Max 15		2) Stuart-Lavender, Jac 16
	3) Phillips, Finley 16		4) Williams, Thomas 16
4	Swansea Aq	A	NT
	1) Walters, Toby 15		2) Batcup, Oliver 14
	3) Hale, Oliver 15		4) Antwhistle, Isaac 14
5	Pembs Cty	A	NT
	1) Noden, Rory 14		2) Thomas, Rhys 16
	3) Harwood, Jack 15		4) Evans, Sam 14
6	Neath	A	NT
	1) Thomas, Iolo 16		2) Morgan, Thomas 14
	3) Douglas, Lucas 15		4) Phillips, Ioan 16
7	Torfaen D	A	NT
	1) Major, Maximus 16		2) Taylor, Nicholas 15
	3) Watkins, Dylan 14		4) Hewitt, Archie 16
8			

Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

Meet Program - Session 12 (Warmup 2.50 - 3.50)

Event 432 Men 17 & Over 4x100 LC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals Starts at 06:16 PM			
1			___
2	Swansea Uni	B	NT ___
	1) Hollinsky, Gideon 21	2) Lovell-Pascal, Jean-Luc 21	
	3) Morgan, Dominic 21	4) Sadberry, Jack 22	
3	Torfaen D	A	NT ___
	1) Mills, Ioan 17	2) Doyle, Alfie 18	
	3) Pugh, Morgan 19	4) Mruk, Lucas 18	
4	Swansea Uni	A	NT ___
	1) Barlow, Oscar 21	2) James, Jack 19	
	3) Edwards, Dion 19	4) Gillett, Oliver 19	
5	Co Cardiff	A	NT ___
	1) Knight, Jack 23	2) Anderson, Maxwell 21	
	3) McCarthy, Benedict 17	4) Davies, Evan 20	
6	Swansea Aq	A	NT ___
	1) Gray, Gruff 17	2) Richardson, Osian 18	
	3) Twigger, Owen 17	4) Williams, Cory 20	
7	Co Cardiff	B	NT ___
	1) Edwards, Ross 17	2) Sheppard, Rhydian 19	
	3) Arch, Rhydian 21	4) Geysen-Holley, Max 21	
8			___

Event 433 Women 12-13 4x100 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals Starts at 06:25 PM			
1	Co Cardiff	B	NT ___
	1) Britton, Nahla 13	2) Cox, Amelia 13	
	3) Sheppard, Evie 13	4) Wilman, Natalie 13	
2	Pembs Cty	A	NT ___
	1) Lewis, Evie 13	2) Hawkins, Lottie 13	
	3) Mason, Ezmee 13	4) Davies, Elizabeth 13	
3	Co Cardiff	A	NT ___
	1) Matthews, Catrin 13	2) Van Zyl, Giada 12	
	3) Cooksey-Owen, Mollie 13	4) Ryan, Ellie 13	
4	Neath	A	NT ___
	1) Morris, Blair 13	2) Coles, Aria 13	
	3) Wood, Lilly 13	4) Launder, Beatrix 13	
5	Swansea Aq	A	NT ___
	1) Clay, Emelia 12	2) Soul, Anna Florence Rew 12	
	3) Williams, April 12	4) Beasley, Evaleigh 13	
6	Co Newport	A	NT ___
	1) Greensill, Evie 13	2) Roberts, Connie-Rae 13	
	3) Thomas, Eleanor 13	4) Clements, Olivia 12	
7	Torfaen D	A	NT ___
	1) Lawn, Gayle 13	2) Pryce, Isobel 12	
	3) Lawn, Lexi 13	4) Sullivan, Myla 12	
8			___

Event 434 Women 14-16 4x100 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals Starts at 06:33 PM			
1			___
2			___
3	Co Cardiff	B	NT ___
	1) Innocent, Aurelia 15	2) Richards, Faith 16	
	3) Reed, Isabella 15	4) Lee, Edith 16	
4	Neath	A	NT ___
	1) Bissicks, Cari 15	2) Watkins, Mylee 16	
	3) Williams, Eirwen 14	4) Williams, Grace 15	
5	Torfaen D	B	NT ___
	1) Sullivan, Ariana 16	2) Davies, Macy 14	
	3) Roberts, Rosie 14	4) Jones, Lola-Grace 14	
6			___
7			___
8			___
Heat 2 of 2 Finals Starts at 06:42 PM			
1			___
2	Wrexham	A	NT ___
	1) Devin, Erin 16	2) Lewis-Jones, Idele 15	
	3) Lendnau-Moulton, Ava 15	4) Elson, Caitlin 14	
3	Nofio Gwynedd	A	NT ___
	1) Ach Rhys, Esyllt 16	2) Edwards, Alaw 16	
	3) Roberts, Mali 16	4) Thomas, Serenity 16	
4	Torfaen D	A	NT ___
	1) Sweet-Roberts, Pip 14	2) Givvons, Imogen 16	
	3) Reasons, Darcy 14	4) Sherrard, Alex 14	
5	Swansea Aq	A	NT ___
	1) Williams, Paige 14	2) Richardson, Beca 16	
	3) Mitrjaikina, Scarlet 14	4) Jenkins, Elli 15	
6	Pembs Cty	A	NT ___
	1) Griffiths, Cerys 16	2) Thompson, Freya 16	
	3) Dash, Amelie 15	4) Nichols, Grace 16	
7	Co Cardiff	A	NT ___
	1) Jones, Maisie 16	2) Anderson, Rosalie 16	
	3) Allen, Isabel 15	4) Bennett, Isla 15	
8			___

Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026
Meet Program - Session 12 (Warmup 2.50 - 3.50)

Event 435 Women 17 & Over 4x100 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals Starts at 06:50 PM			
1	Torfaen D	B	NT ____
	1) Schumm, Libby 17	2) Titchener, Megan 18	
	3) Hughes-Rolls, Ava 17	4) Bastyan, Ava 17	
2	Torfaen D	A	NT ____
	1) Taylor, Theodora 17	2) Croke, Carys 19	
	3) Owen, Gracie 18	4) Sherrard, Emme 17	
3	Swansea Aq	A	NT ____
	1) Ley, Lucy 18	2) Jenkins, Alex 17	
	3) Williams, Marys 17	4) Lythgoe, Manon 17	
4	Swansea Uni	A	NT ____
	1) Patterson, Millie 20	2) Crawley, Abigail 21	
	3) Dickinson, Jessica 21	4) Stead, Martha 21	
5	Neath	A	NT ____
	1) Lewis, Lowri 20	2) Owen, Kessie 18	
	3) Daly, Kirsten 20	4) Humphreys, Holly 18	
6	Co Cardiff	A	NT ____
	1) Fox, Honor 19	2) De Torres, Rebecca 22	
	3) Williams, Rose A 18	4) Evans, Gwenllian 17	
7	Swansea Uni	B	NT ____
	1) Lush, Emily 24	2) Willis, Hannah 21	
	3) Davies, Megan 21	4) Cumner, Megan 19	
8			____